IAC Ch 6, p.1

873—6.5(85) Statement of awareness. Whenever a petition for settlement under Iowa Code section 85.35 or commutation shall be submitted, it shall contain or be accompanied by a verified statement from the injured employee indicating awareness that upon approval by the industrial commissioner of the settlement or commutation a final bar to future claims or benefits under the Workers' Compensation Law for such injury shall exist except as specifically reserved in any agreement.